

Sisters Saving Sisters Module Outline

Adolescents Skills Intervention

M1	Introduction	55 Minutes
A	Introduction & Overview	1
B	Group Introduction	5
C	Creating Group Rules	4
D	Video – “Let’s Talk About Sex”	5
E	Video – “The Subject is HIV”	20
F	Myths/Facts About AIDS	10
G	High, Low and No Risk	10

M2	Vulnerability	50 Minutes
A	Mini Lecture – Why Worry	10
B	Video – “Robert Townsend’s Partners in Crime” and Discussion	10
C	Don’t Pass It Along : The Transmission Game	15
D	Video – “Jesse” and Discussion	15

M3	Condom Skills	50 Minutes
A	Barriers to Condom Use	5
B	Video – “Nicole’s Choice”	15
C	Condom Use Skills	10
D	Mini-Lecture : Sexual Response	5
E	Making Condoms More Fun	5
F	Condoms Card with a Twist	10

M4	Negotiation	55 Minutes
A	Video – “Wrap It Up”	10
B	Teaching Negotiation Skills	15
C	Introduction to Role Play	5
D	TEAM Role Plays	25

M5	Role Play	50 Minutes
A	DYAD Role Plays	25
B	Video – “Are You With Me”	25

	Review	20 Minutes
A	AIDS Basketball Game	20